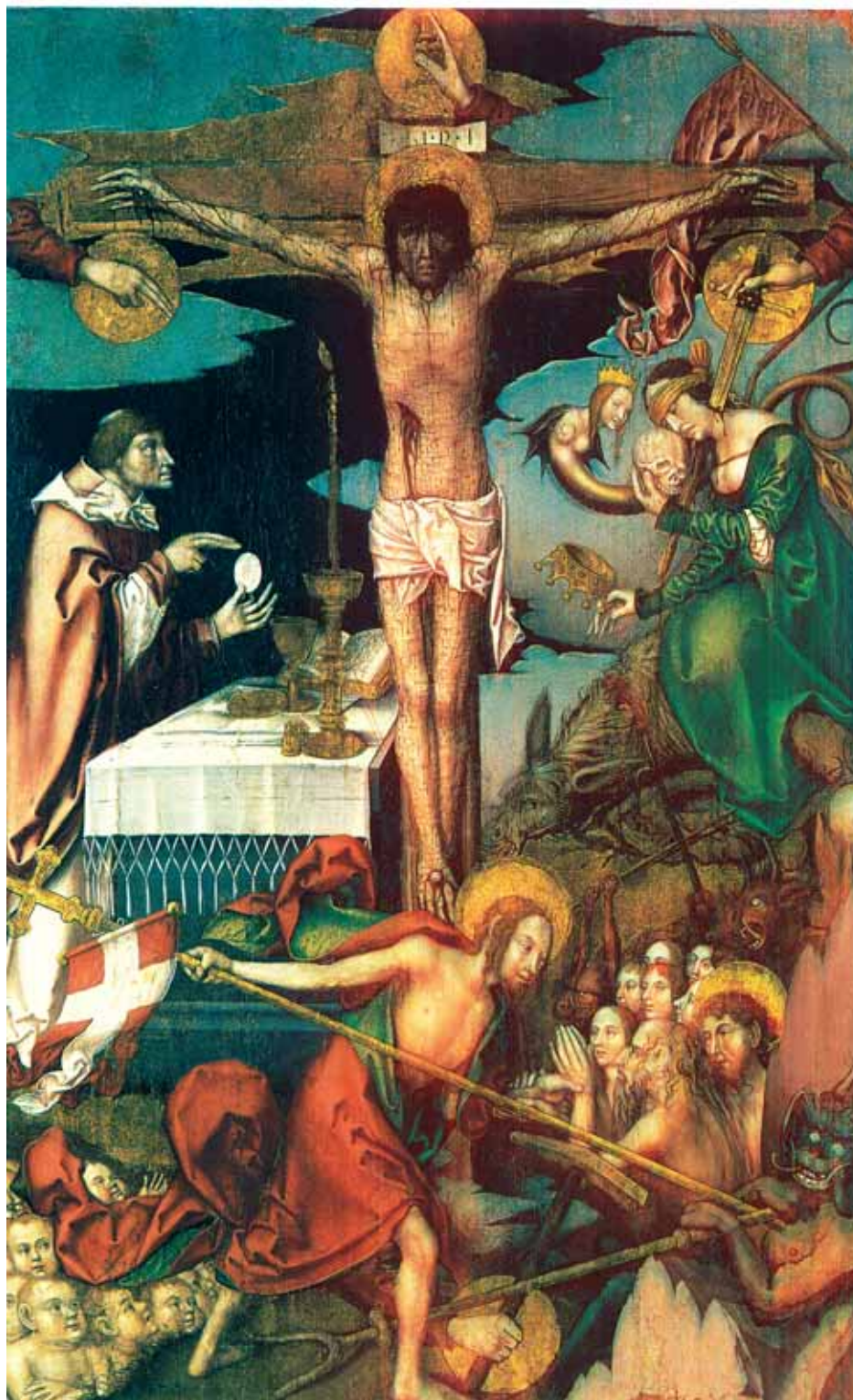


The conversion of the atheist writer Andre Frossard in the presence of the Holy Eucharist has had great repercussions in the world. He himself recounted how his conversion came about in his book, *God Exists. I Have Met Him* (1969). Up to his final years, up to his final days, he would only say: “Since the time when I encountered God, I have never succeeded in growing tired of the mystery of God. Every day is something new for me. And if God exists, I should speak of it; if Christ is the Son of God, I should proclaim it loudly; if there is life eternal, I should preach it.”



Hans Friers, *The living cross*, Fribourg



*Portrait of Frossard - 1969*  
Frossard's conversion - the moment when he met God  
This conversion was the first step towards the truth  
of the faith. It was the beginning of a new life  
for him. He was no longer an atheist but a believer.  
The conversion was not a sudden event but a process  
that led him to the truth of the faith.



Andre Frossard

**F**rossard's testimonial: “Having entered a chapel in the Latin quarter of Paris at 5:10 in the morning to look for a friend, I left at a quarter after 5 in the company of a friendship that was not of this earth. Having entered as a skeptic and an atheist...and ever more skeptical and atheistic, indifferent and preoccupied with so many things other than a God to whom I never even gave a thought even to deny... I was standing by the door, looking around with my eyes for my friend, but did not succeed in finding him...”

*My gaze passed* from the shadows to the light...from the faithful gathered there, to the nuns, to the altar...and came to rest above the second candle burning to the left of the Cross (unaware that I was standing in the presence of the Blessed Sacrament). And at that point,

suddenly a series of miracles unfolded whose indescribable force shattered in an instant the absurd being that I was, to bring to birth the amazed child that I had never been...At first the hint of these words 'Spiritual Life' came to me...as if they had been pronounced in a whisper next to me...then came a great light...a world, another world of a radiance and a destiny that in one stroke cast our world among the fragile shadows of unfulfilled dreams...of which I felt all the sweetness...a sweetness that was active and upsetting, beyond every form of violence, capable of breaking the hardest stone and that which is even harder than stone - the human heart. Its overflowing eruption, so complete, was accompanied by a joy which is the exultation of the saved, the joy of the shipwrecked who is picked up just in time. These sensations, which

I find difficult to translate into a language which cannot capture these ideas and images, were all simultaneous... Everything is dominated by the presence...of Him of Whom I would never be able to write His names without fear of harming its tenderness, of Him before Whom I have had the good fortune to be a forgiven child who wakes up to discover that everything is a gift...God existed and was present...one thing only surprised me: The Eucharist - not that it seemed incredible, but it amazed me that Divine Charity would have come upon this silent way to communicate Himself, and above all that He would choose to become bread, which is the staple of the poor, and the food preferred by children...O Divine Love, eternity will be too short to speak of You.”