



*the Our Father is the perfect prayer?*

Jesus Christ gave us this prayer of perfect and unselfish love. It puts everything in the right order, we give praise to God before asking for ourselves. We begin with PRAISE of who God is “Our Father, who art in heaven, hallowed be thy name” and then ask for HELP to do His will “thy kingdom come, thy will be done on earth as it is in heaven”. Next we ask for our NEEDS “give us this day our daily bread” to be fed both physically and in the Eucharist. We ask for FORGIVENESS and acknowledge our need to forgive others “Forgive us our trespasses as we forgive those who trespass against us”. And last, we ask for PROTECTION “Lead us not into temptation but deliver us from evil.” Simple? Yes! Profound? Yes! *Want to know more? Our Adult Ed offerings cover this and much more!*