



*we speak words of a Roman centurion at Mass?*

When beholding the Eucharist, we speak the words of the Roman centurion in Matthew 8. He asked for healing for his servant; we ask for our very soul. We acknowledge that we're about to receive Him into our bodies and the words help us embrace the breathtaking reality of what is about to take place. Like the centurion, we acknowledge who we are and who Jesus is. As we prepare to receive Him in an infinitely profound way, it is fitting that we should be filled with anticipation and a sense of unworthiness and awe by the very thought of such intimate union with our Lord. But the centurion didn't stop there and we should not either – "But only say the word..." we ask for mercy and healing! *Want to know more? Our Adult Formation offerings cover this and much more!*