



### *why non-Catholics cannot receive the Eucharist?*

Scripture is clear that partaking of the Eucharist is among the highest signs of Christian unity: "Because there is one bread, we who are many are one body, for we all partake of the one bread" (1 Cor. 10:17). For this reason, it is not possible for non-Catholic Christians to receive Holy Communion, for to do so would be to proclaim a unity that does not exist. Another reason is for their protection as many reject the doctrine of the Real Presence of Christ in the Eucharist. Scripture warns that it is very dangerous for one not believing in the Real Presence to receive Communion: "For anyone who eats and drinks without discerning the body eats and drinks judgment upon himself" (1 Cor. 11:29). *Want to know more? Our Adult Formation offerings cover this and much more!*