



## Confirmation Sponsor Guidelines

As a part of the confirmation process, you will be asked to choose a sponsor. Your sponsor should be an adult whose Catholic faith inspires you. The role of a sponsor is to be present at the Confirmation Ceremony to represent the Church, receiving you as the candidate and assisting you in Christian initiation.

According to Canon Law 874 to be a sponsor a person must:

- Be at least 16 years of age
- Already be confirmed and received first communion
- Not be the candidate's mother or father
- Be a practicing Catholic who sincerely believes and strives to put into practice the Word of God as taught by the Catholic Church and actively participates in a faith community.
- If married, was married following the requirements of the Catholic Church.

The most important decision in choosing your sponsor is to ask someone whose faith you admire. This should be an adult with whom you feel comfortable discussing matters of faith. Please prayerfully consider who you think God is leading you to invite to be your sponsor.

Invite your sponsor early in your formation period. Tell them why you are asking them. Write them a letter or card if that is more comfortable than a call.

## What does my sponsor need to do?

1. Sponsors who meet these guidelines must submit the *Confirmation Sponsor Form* complete with the signature of his/her pastor as proof of eligibility.
2. Provide your sponsor with the *Confirmation Sponsor Form* and ask them to answer each of the eligibility requirements and sign the form.
3. If they are a Saint Jude the Apostle parishioner, ask them to drop the form at the parish office or email the form to [confirmation@judeatl.com](mailto:confirmation@judeatl.com)
4. If they are a registered parishioner at another parish, they will need to bring it to that parish and ask for the pastor or parish representative to sign it. Depending upon the parish's preference, the parish will mail it to Saint Jude or give the signed form with the parish seal back to your sponsor. Your sponsor needs to give it back to you or send it directly to [confirmation@judeatl.com](mailto:confirmation@judeatl.com).
5. The forms must be legible and completed in full. Original forms returned are best. Scanned forms are acceptable. Photos of a form are difficult to read and may not be accepted.