



Choosing Your Confirmation Saint

As a part of the confirmation process, you are asked to choose a saint's name to take as your Confirmation name. This is an opportunity to prayerfully select a saint whose life inspires you and who you desire to have as an intercessor. Some helpful places to start your search in choosing a saint are:

If your Baptismal name is that of a recognized saint of the Church, it is encouraged to use that name. Using your given Baptismal name for Confirmation highlights the relationship between the Sacraments. This is an opportunity to learn more about the saint whose name you share!

Many saints are known as patron saints. Being a patron saint means the Church has chosen this saint as an advocate for particular people, places, professions, and causes. You can search for a patron saint of an interest, affliction, or passion you have!

The Church celebrates saints on certain feast days. Finding out which saint is celebrated on your birthday could be a good starting point in your search.

In the Catholic Church, a saint is someone who has lived a life of heroic virtue and is worthy of imitation. It is encouraged to read about the lives of the saints and to choose a saint who lived out the virtues you desire to practice.

These are just tips for beginning your search. Finding a saint whose life inspires you and who you feel a connection to is most important. It is encouraged to research several saints and prayerfully consider who you feel called to choose!

Why I Chose My Saint Project

- 1.) Please read, research, and pray about the saint whose name you will choose. Remember, this is a saint who you want to be a part of your life forever.
- 2.) Your first option is to write at least one page about your saint. You should not print something from the internet—facts about your saint are not needed. Why you chose this saint and which qualities you hope to imitate are what we want to see.
- 3.) Your second option is to use your gifts to create something in honor of your saint. You can write and perform a song, create an icon, paint your saint, or create a sculpture of your saint. You have lots of freedom with this project. Don't be afraid to let your talents shine!